



# Work can make you **SICK**



If you think you have health issues caused by your job, come to Inca Cgil and you can get **YOUR** rights protected.

In the event of an **accident** at work or a **work-related disease** **Inca Cgil** can help you.



## ACCIDENTS AT WORK

If you get hurt while working it's called "infortunio in occasione di Lavoro"

**In all these cases** it's important to come to Inca with medical records you got from A&E.

If you have an accident while going to or coming from work, or traveling to another workplace, it's "infortunio in itinere".

If you feel sick because of high temperatures at work indoors or outdoors, it's "infortunio per colpo di calore".

# WORK-RELATED DISEASES

For a condition to qualify as a work-related disease it must be contracted **during work and caused by work.**

Certain **RISK FACTORS** exist in workplaces that can, in time, damage your health:

- **MUSCULOSKELETAL SYSTEM IMPAIRMENTS**

Repetitiveness in movements, handling of loads, upper limbs overload, vibrations, poor posture.

- **WORK-RELATED TUMOURS**

Chemical substances and physical agents, wood particles and leather dusts, solar radiation, pesticides, herbicides, ionizing radiation, etc. can pose a risk to workers' health.



- **WORK-RELATED STRESS**

Pace of work and work organization, work environment conditions, disagreements and harassment can all cause stress and anxiety, insomnia and feelings of insecurity.

If you think your health condition is due to work, at Inca you'll find **experienced staff** and **doctors** who can assess your case and trigger the procedure for the **award of a work-related disease benefit**.



## INAIL'S SAFEGUARDS

The recognition of an accident at work or a work-related disease can lead to the attribution of a score according to the permanent impairments suffered as a result, from which you could get a financial indemnity:

**Impairments from 6% to 15%:**

**capital compensation**

one-off payment based on score and age.

**Impairments from 16% to 100%:**

**monthly allowance**

based on score and salary.

## ONCE RECOGNITION FROM INAIL IS OBTAINED

### ACCIDENT

YOU CAN REQUEST AN AGGRAVATION OF THE CONDITION **UP TO 10 YEARS** FROM THE EVENT. Once per year for the first 4 years, then on the 7th and 10th year.

### OCCUPATIONAL DISEASE

YOU CAN REQUEST AN AGGRAVATION OF THE CONDITION **UP TO 15 YEARS** FROM THE REPORT.



For appointments call 0422 4091 ext. 3  
or office direct lines (Monday - Friday  
08:30-12:30/14:00-18:00)

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